
10°E
15°E
20°E
25°E
30°E
35°E
40°E
45°E
70°N
68°N
66°N
64°N
62°N
60°N
58°N
BARENTS SEA
NORWAY
SWEDEN
FINLAND
RUSSIA
ESTONIA
KOLA PENINSULA
WHITE SEA
GULF OF BOTHNIA
GULF OF FINLAND
Lake Onega
Lake Ladoga
Hammerfest
Alta
Vadsø
Tromsø
Finnsnes
Kirkenes
Nikel
Harstad
Polyarny
Severomorsk
Murmansk
Svolvær
Narvik
Shoyna
Kiruna
Bodø
Monchegorsk
Kirovsk
Apatity
Sodankylä
Kandalaksha
Mo i Rana
Kemijärvi
Kovda
Umba
Rovaniemi
Luleå
Kemi
Skellefteå
Oulu
Kem
Arkhangelsk
Belomorsk
Umeå
Kokkola
Onega
Örnsköldsvik
Segezha
Härnösand
Vaasa
Sundsvall
Kuopio
Joensuu
Jyväskylä
Kondopoga
Savonlinna
Petrozavodsk
Pori
Tampere
Mikkeli
Gävle
Hämeenlinna
Lappeenranta
Lahti
Kouvola
Turku
Vyborg
Porvoo
Mariehamn
Uppsala
Helsinki
Stockholm
St Petersburg
Sokol
Tikhvin
Tallinn
Gatchina
Kolpino
Vologda
Narva
Cherepovets
Haapsalu
Slantsy
Luga
Pärnu
Tartu
Veliky Novgorod
Borovichi
Rybinsk
Viljandi
Visby
Staraya Russa
Bezhetsk
Yaroslavl
Pskov
Ventspils
Vyshny Volochyok
Uglich
Riga
Torzhok
Tver
Kimry
km
0
100
200
Main road
Railway
Boundary
Waterway
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